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The Oxford Handbook of Cognitive and Behavioral Therapies ...

Handbook of Cognitive-Behavioral Therapies, Fourth Edition: Amazon.co.uk: Dobson, Keith S., Dozios, David J.A.: 9781462538584. Books. £40.66. RRP: £44.99. You Save: £4.33 (10%) FREE Delivery . Only 2 left in stock (more on the way). Available as a Kindle eBook. Kindle eBooks can be read on any device with the free Kindle app.

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Handbook of Behavioral and Cognitive Geography

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Behavioral and cognitive geography: introduction and ...

Handbook of cognitive-behavioral therapies / editor Keith S. Dobson. — 3rd ed. p. cm. Includes bibliographical references and index. ISBN 978-1-60623-437-2 (alk. paper) 1.

Handbook of Cognitive Behavioral Therapies

The Handbook of Behavioral and Cognitive Therapies with Older Adults brings together expert scientist practitioners and the full spectrum of cognitive and behavioral interventions to promote age-appropriate best practice. The book enhances the professional's understanding of the learning and self regulating capacities of older adults.

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The Handbook of Behavioral Medicine surveys established and emerging investigative areas, plus their clinical and research applications, across the range of the discipline. Written by esteemed fellows of the Academy of Behavioral Medicine Research, this comprehensive resource is designed for long-term practicality, reflecting the current evolution toward integrative, multidisciplinary medicine.

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The Handbook of Cognitive Behavioral Therapy for Pediatric Medical Conditions is an essential resource for researchers and graduate students as well as clinicians, related therapists, and professionals in clinical child and school psychology, pediatrics, social work, developmental psychology, behavioral therapy/rehabilitation, child and adolescent psychiatry, nursing, and special education.

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Product Information. This comprehensive Handbook summarizes existing work and presents new concepts and empirical results from leading scholars in the multidisciplinary field of behavioral and cognitive geography, the study of the human mind, and activity in and concerning space, place, and environment.

Handbook of Behavioral and Cognitive Geography (2018 ...

The Oxford Handbook of Cognitive and Behavioral Therapies and Publisher Oxford University Press. Save up to 80% by choosing the eTextbook option for ISBN: 9780190281052, 0190281057. The print version of this textbook is ISBN: 9780199733255, 0199733252.

This comprehensive Handbook summarizes existing work and presents new concepts and empirical results from leading scholars in the multidisciplinary field of behavioral and cognitive geography, the study of the human mind, and activity in and concerning space, place, and environment. It provides the broadest and most inclusive coverage of the field so far, including work relevant to human geography, cartography, and geographic information science. Behavioral and cognitive geography originated as a contrast to aggregate approaches to human geography that treat people as homogenous and interchangeable; to models of human activity based on simplistic and psychologically implausible assumptions; and to conceptualizations of humans as passive responders to their environment. This Handbook is highly multi- and interdisciplinary, featuring scholars from geography, geographic information science, and more than ten other academic disciplines: including: psychology, linguistics, computer science, engineering, architecture and planning, anthropology, and neuroscience. The contributors adhere to scientific rigor in their approach, while fully engaging with issues of emotion, subjectivity, consciousness, and human variability. Thoroughly informed by the history of geography and of the cognitive sciences but also providing guideposts for future research and application, this Handbook will be an essential resource for researchers, lecturers and students in geography, psychology, and other social, behavioral, cognitive, and design sciences.

The purpose of this book is to disseminate "best practice" models of treatment for the common mental health problems of late life, so that evidence-based practice will become the norm (rather than the exception) when working clinically with older adults. Each chapter contains reviews of the empirical literature focusing on studies conducted with elders; then they emphasize how CBT can be applied most effectively to that specific patient population. Case studies illuminate practice recommendations, and issues of diversity are likewise highlighted whenever possible.

This acclaimed text and practitioner reference presents an authoritative overview of major models of cognitive-behavioral therapy (CBT). Foremost treatment developers explain core CBT principles and provide a framework for systematic assessment, case conceptualization, and treatment planning. Scholarly yet accessible chapters on each therapy detail what makes the approach unique, which clinical problems it is used to treat, what assessment and intervention tools have been developed, how they are implemented, and what the research reveals about the therapy's effectiveness. Special topics include working with children and adolescents, couples, and culturally diverse clients. The Handbook has been widely adopted in training programs, and the revisions in this edition reinforce its value as a text. New to This Edition * The latest findings and clinical advances. * Additional therapies: schema therapy and mindfulness- and acceptance-based interventions. * Chapter on the empirical evidence base for CBT. * Chapters on treatment of couples and culturally diverse clients.

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The Oxford Handbook of Cognitive and Behavioral Therapies provides a contemporary and comprehensive illustration of the wide range of evidence-based psychotherapy tools available to both clinicians and researchers. Chapters are written by the most prominent names in cognitive and behavioral theory, assessment, and treatment, and they provide valuable insights concerning the theory, development, and future directions of cognitive and behavioral interventions. Unlike other handbooks that provide a collection of intervention chapters but do not successfully tie these interventions together, the editors have designed a volume that not only takes the reader through underlying theory and philosophies inherent to a cognitive and behavioral approach, but also includes chapters regarding case formulation, requisite professional cognitive and behavioral competencies, and integration of multiculturalism into clinical practice. The Oxford Handbook of Cognitive and Behavioral Therapies clarifies terms present in the literature regarding cognitive and behavioral interventions and reveals the rich variety, similarities, and differences among the large number of cognitive and behavioral interventions that can be applied individually or combined to improve the lives of patients.

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This handbook shows the wide perspective cognitive-behavioural treatment can offer to health professionals, the vast majority of whom now recognize that cognitive behavioural procedures are very useful in treating many 'mental' disorders, even if certain disciplines continue to favour other kinds of treatment. This book offers a wide range of structured programmes for the treatment of various psychological/psychiatric disorders as classified by the DSM-IV. The layout will be familiar to the majority of health professionals in the description of mental disorders and their later treatment. It is divided into seven sections, covering anxiety disorders, sexual disorders, dissociative, somatoform, impulse control disorders, emotional disorders and psychotic and organic disorders. Throughout the twenty-three chapters, this book offers the health professional a structured guide with which to start tackling a whole series of 'mental' disorders and offers pointers as to where to find more detailed information. The programmes outlined should, it is hoped, prove more effective than previous approaches with lower economic costs and time investment for the patient and therapist.

Schools and school staff play a critical role in the cognitive, behavioral, emotional, social, and interpersonal development of children and adolescents. This second edition of Cognitive-Behavioral Interventions in Educational Settings teaches readers to think strategically about the individual and plan for effective and specific interventions based on the student's age, developmental level, and presenting problems. It is written by forward-thinking, established professionals whose writing represents the state-of-the-art in cognitive behavioral interventions in educational settings, and presents evidence-based interventions for a variety of issues commonly seen in schools. Including both innovative and well-established approaches, they offer assessment methods and interventions for a variety of issues and concerns faced by school-aged youth. The use of case studies and session outlines, as well as the balance of theoretical and clinical concerns, enhances this book's value as a reference for both clinicians and students. New to this edition are topics on cyber-bullying, parent and school consultation, school-wide positive behavioral support, and bipolar disorder. This is the ideal reference for those who wish to select and utilize precise interventions in school settings.

This three-volume guide to CBT is a major new reference work that provides an authoritative and fully up-to-date survey of the various clinical approaches to cognitive behavior therapy. Contributed by leading academics and professionals, the entries are presented in a rational and accessible format. Offers unrivalled coverage of CBT approaches to a full spectrum of mental disorders Contributors include many of the field's leading experts Covers the full range of CBT strategies, including new developments in the field, such as attention retaining strategies, acceptance techniques, mindfulness meditation, and disorder-specific emotion regulation skills Provides practical guidance backed by a wealth of case studies Includes the latest techniques and empirical data 3 Volumes www.cbthandbook.com

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